

## Terrebonne Parish Office of

## Homeland Security & Emergency Preparedness

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## **Ready Kit and Go Bag**

A Ready Kit is a supply of items that you will need if you should have to shelter in place or rely on your own resources for a few days. A Go Bag has fewer items, but they are the essential ones to take with you if you must evacuate quickly. Common items include:

☐ 3-day supply of non-perishable food and manual can opener	☐ Flashlight and radio with extra batteries
☐ 3-day supply of water per person	☐ Cash, credit cards, checkbook, ATM card
	☐ Supplies for a service animal including food,
☐ Medical equipment and assistive devices	identification tags, proof of vaccinations, and veterinarian contact information
Medications, including a list with the prescription name, dosage, frequency, doctor, and pharmacist. If medications must be	☐ White distress flag or cloth, whistle, flashlights and/or glow sticks
refrigerated, bring a cooler with an ice pack or	☐ First aid kit
other coolant system	
☐ List of emergency contact information including your support network members in and out of the region, service providers, etc.	□ Written identification of your disability- related or health condition, or medical alert tags or bracelets
<ul> <li>Copies of important documents (birth certificate, passport, licenses, insurance information, proof of address)</li> </ul>	
For those with Mobility Disabilities	
☐ Pair of heavy gloves to use while wheeling or making your way over glass and debris	
☐ Extra battery for your motorized wheelchair or scooter	
☐ Jumper cables or specific recharging device to be connected to an automobile's cigarette lighter	
☐ Patch kit or can of "seal-in-air product" to repair flat tires	
☐ Spare cane or walker	
a spare carre or wanter	
For those with Developmental or Cognitive Disabilities	
☐ Alternate power source or spare batteries for communication device	
☐ Paper and writing materials	
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## For those with Sensory Disabilities

☐ Pad of paper with pens or pencils for writing notes	
☐ Extra batteries for tape recorders, portable TTYs, etc.	
<ul><li>□ Extra pair of dark glasses, if medically required</li><li>□ Folding mobility cane</li></ul>	
☐ Hearing aid batteries	
☐ Food, medicine, and favorite toy for your service animal	
☐ Plastic bags, disposable gloves, and other items for your animal's care	
☐ Your medical records and those of your service animal	
For those with Service Animals	
☐ Cage/carrier (for each animal, labeled with contact information)	
☐ Veterinary records (especially rabies tag and record and proof of ownership)	
☐ Favorite toys, treats, blankets	
☐ First aid kit and manual (call your vet)	
☐ Leash, collar, harness (for each animal)	
☐ Litter, litter pan, litter scoop	
☐ Manual can opener and spoons	
☐ Muzzles (dog or cat)	
☐ Newspaper (for bedding or litter)	
☐ Nonspill food and water dishes	
☐ Paper towels and plastic baggies	
☐ Stakes and tiedown	
☐ Contact information for your veterinarian	
☐ Animal's medication	
Other items	