Ready Kit and Go Bag

A Ready Kit is a supply of items that you will need if you should have to shelter in place or rely on your own resources for a few days. A Go Bag has fewer items, but they are the essential ones to take with you if you must evacuate quickly. Common items include:

- 3-day supply of non-perishable food and manual can opener
- 3-day supply of water per person
- Medical equipment and assistive devices
- Medications, including a list with the prescription name, dosage, frequency, doctor, and pharmacist. If medications must be refrigerated, bring a cooler with an ice pack or other coolant system
- List of emergency contact information including your support network members in and out of the region, service providers, etc.
- Copies of important documents (birth certificate, passport, licenses, insurance information, proof of address)
- Flashlight and radio with extra batteries
- Cash, credit cards, checkbook, ATM card
- Supplies for a service animal including food, identification tags, proof of vaccinations, and veterinarian contact information
- White distress flag or cloth, whistle, flashlights and/or glow sticks
- First aid kit
- Written identification of your disability-related or health condition, or medical alert tags or bracelets

For those with Mobility Disabilities

- Pair of heavy gloves to use while wheeling or making your way over glass and debris
- Extra battery for your motorized wheelchair or scooter
- Jumper cables or specific recharging device to be connected to an automobile’s cigarette lighter
- Patch kit or can of “seal-in-air product” to repair flat tires
- Spare cane or walker

For those with Developmental or Cognitive Disabilities

- Alternate power source or spare batteries for communication device
- Paper and writing materials
- A favorite item (e.g., small video game or book) to help you maintain focus while waiting in lines
### For those with Sensory Disabilities

- Pad of paper with pens or pencils for writing notes
- Extra batteries for tape recorders, portable TTYs, etc.
- Extra pair of dark glasses, if medically required
- Folding mobility cane
- Hearing aid batteries
- Food, medicine, and favorite toy for your service animal
- Plastic bags, disposable gloves, and other items for your animal’s care
- Your medical records and those of your service animal

### For those with Service Animals

- Cage/carrier (for each animal, labeled with contact information)
- Veterinary records (especially rabies tag and record and proof of ownership)
- Favorite toys, treats, blankets
- First aid kit and manual (call your vet)
- Leash, collar, harness (for each animal)
- Litter, litter pan, litter scoop
- Manual can opener and spoons
- Muzzles (dog or cat)
- Newspaper (for bedding or litter)
- Nonspill food and water dishes
- Paper towels and plastic baggies
- Stakes and tiedown
- Contact information for your veterinarian
- Animal’s medication

### Other items

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